



Angels
Are Us

Discovering
Inspiration
Within

Global Listening

by Bridget Engel

I attended a workshop in San Francisco a couple of weeks ago, to learn how to take a business to the next level via multi media.

I was looking for proven strategies on how to get a book published, and I was given the information. Yet I did not feel good about it--a clear sign that it was not working for me. If this happens, no analyzing or fixing is needed.

When you tune in at this level of listening, trust yourself. If it's not feeling good, then it's not for you. Take what works with what you've learned, and let the rest go. It's important not to follow anyone else's agenda, even if they are successful. This is where your Level Three listening comes in, and you have to listen and trust it.

Jeanna Gabellini and I were speaking about the course, and she said "Law of Attraction trumps marketing every time". When she said this, my insides relaxed with this truth. This means that when you are aligned and feeling good about what you are doing, you will find the perfect methods to promote yourself.

A story comes to my mind from Doreen Virtue. She has many successful books published and teaches tens of thousands of students every year. Doreen was talking about a well-known author who had spent a lot of money on marketing and had received very disappointing results. She shared her method for marketing, and it works for her.

At a spiritual level we are all connected. And people who are looking for what you have to offer will find you. Try this and see if it works. You imagine rolling out a red carpet in your mind's eye and saying "I welcome everyone who will bring me blessings, and I welcome everyone whom I can give blessings to." This approach will attract the people who love your work and who you love working with.

I love Oscar Wilde's quote "Be you because everyone else is taken".

Exercise:

1. It takes practice to listen at this level. Be patient with yourself and commit to practicing each day, with no agenda. It's important to not try and make anything happen. This level is really about allowing.

2. Imagine yourself as tiny particles that are surrounded by a force field that contains you. Spend time listening from this place.

3. Ask a question about something that you can't figure out and tune in at a global level of listening.

4. Be bold and willing to stand out from the crowd and only do things that resonate for you, no matter what. Sending you all much love, light, laughter, ease and joy.

Angel Hugs,

Bridget

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